



Public Health
Prevent. Promote. Protect.

Fargo Cass Public Health

2006 Annual Report

Table of Contents

From the Director	3
10 Essential Services of Public Health	4
From the Health Officer	5
2006 news and accomplishments	6
Fargo Cass Public Health Programs	7-8
Comments from our clients	9-10
2006 Statistics	11-12
2006 Budget	13
Board of Health	14
Mission Statement	14
Contact Us	14

From the Director

The mission of public health is to have **healthy people in healthy communities.** Fargo Cass Public Health demonstrates this vision in the work we do everyday. Our work embraces the 10 essential services that are outlined on the next page of this report.



Mary Kay Herrmann

Pandemic influenza planning has been a focus in Public Health this past year. The department meets regularly with our health care partners to develop plans on how our community will handle increased illness due to a pandemic. **A business summit was provided in cooperation with NDSU and the Chamber of Commerce in April 2006 to discuss the importance of planning for businesses.** The department has been working to educate all sectors of our community on the effects of pandemic flu and the importance of planning. This will continue to be a focus in 2007.

Fargo Cass Public Health also continues to plan with all of our community partners in the areas of public health emergency preparedness, tobacco and substance abuse prevention, community health assessment, and access to health care. Our community health assessment for Fargo and Cass County has been updated and can be found on our Web site for anyone wanting measurements of health status. Our web site information is located on page 14 of this report.

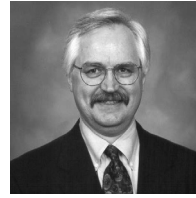
We continuously strive to better serve our community. We welcome your comments and ideas on how we can have more healthy people in healthy communities.

10 Essential Services of Public Health

- ① Monitor health status and understand health issues facing the community.
- ② Protect people from health problems and health hazards.
- ③ Give people information they need to make healthy choices.
- ④ Engage the community to identify and solve health problems.
- ⑤ Develop public health policies and plans.
- ⑥ Enforce public health laws and regulations.
- ⑦ Help people receive health services.
- ⑧ Maintain a competent public health workforce.
- ⑨ Evaluate and improve programs and interventions.
- ⑩ Contribute to and apply the evidence base of public health.

From the Health Officer

In public health, we work in many areas and with a number of partners to address health issues and continuously work towards a goal of having healthy people living in a healthy community. The 10 essential public health services describe the variety of topics that we address.



John R. Baird, M.D.

Essential public health service number seven addresses the issue of access to health care. A number of individuals in our community do not have health insurance which makes it more difficult for them to access health care. Often preventive health care is delayed making problems worse. Those with chronic illnesses tend to have a worse outcome and medical care becomes a great financial burden. **A survey done in North Dakota in 2004 found that 8.2% of our residents are uninsured and 8.5% are underinsured.** Seventy percent of the uninsured are employed but do not have health insurance.

We have been working with partners in the community to identify gaps in health services and to support strategies to increase access to appropriate and equitable personal health services including preventive and health promotion health services.

We have excellent medical care available in our community and some options for people to receive care who do not have health insurance or the ability to pay for all the services. Working together with health care providers, businesses, and community members we hope to find solutions to these complex issues so that all people can enjoy access to necessary health care services.

2006 news and accomplishments

The Division of Emergency Preparedness **received a Cities Readiness Initiative grant** from the Centers for Disease Control and Prevention (CDC) to enhance collaborative efforts between Cass and Clay Counties for distribution of medications to the community within 48 hours of a bioterrorism attack.

The WIC Program rolled out a state-of-the-art, web-based computer system. **WICnet is unique in that it was jointly designed by the North Dakota and Iowa WIC Programs in an innovative partnership.** WICnet utilizes the newest generation of WIC software and is being used as the model for a number of other states.



The Division of Nursing school nurses were trained by the local police department to perform drug screen assessments. School nurses are frequently called on to provide an initial assessment of students.



The Safe Communities Coalition, a part of Health Protection and Promotion, received a National Association of County and City Health Officials (NACCHO) demonstration grant to address rural drinking and driving.

Fargo Cass Public Health was only one of three public health units in the nation to receive this grant.

Fargo Cass Public Health Programs

The WIC Program provides nutrition education, referrals to other community services, and vouchers for nutritious foods to pregnant and breastfeeding women, new mothers, infants and children under age five who are below 185% of the federal poverty level.



The Division of Public Health Nursing utilizes public health nurses, licensed practical nurses, home health aides and home services to provide home, school and community-based services. Those services include Adult Health, Nursing and Family Partnership/Maternal Child Health, School Nursing, Correctional Health, Communicable Disease Control and Immunizations.



The Nurse Family Partnership Program helps limited-income first-time families develop confidence and skills for parenting. The program focuses on fostering healthier pregnancies, improving child health, and encouraging life goals.

The Division of Emergency Preparedness focuses on planning, training and conducting exercises for all public health-related emergencies. This grant cycle focused on pandemic preparedness and mass dispensing of the medications to the community within 48 hours after a bioterrorism attack. The emergency preparedness division works closely with community response organizations.



The Division of Health Protection and Promotion

is a combination of clinical services and health promotion. Fargo Cass Public Health operates a full-service Family Planning Reproductive Health and STD Clinic. The clinical services include Family Planning, Health and STD clinic, Health Tracks screening for children and youth, Women’s Way and the International Travel Clinic.

Health Promotions provides community-based public health interventions on a variety of health topics. The goal of health promotion is to educate people with the intent of getting them to make healthier choices in their lives. Programs include tobacco control and cessation, nutrition, Safe Communities, physical activity and general health education.



The Division of Environmental Health implements health policies through monitoring and regulating a variety of activities including food service, hotel and swimming pool inspections. Environmental Health also focuses on assessing and controlling factors in the environment that can negatively affect public health, including natural and man-made events, air pollution, water pollution, solid waste disposal, hazardous material spills and other health issues related to unsanitary or dangerous circumstances.



Comments from our clients



“I want to thank you for the two years of help you provided me and my family. My daughter is a healthy, happy little girl. I am sure it’s because of everything I learned from you! **You always treated us kindly, and never made us feel bad about seeking help when we really needed it.** I also want to thank you for that.”

≈ A WIC Mom

“Once again, **thank you** for the time and your comments on helping us become a safer and cleaner restaurant. We look forward to seeing you in the future and helping us better our restaurant and ourselves.”

≈ Beverage and Hospitality Manager

“My nurse is very attentive. **She genuinely cares about me and my child.**”

≈ Public Health client



“**Thank you** for all your help. I don’t know why I was so stubborn not to have accepted this help a long time ago.”

≈ Elderly client receiving
Home Health Aide and Homemaker services

“The words **thank you** will never be able to show all of you how very, much I appreciate your care, concern, and kindness for my health.”

≈ Note from inmate



“Dear Nurse, **Thank you** for helping me when I was ill and when I was hurt. Everybody else thanks you too.”

≈ Elementary student note to school nurse

Success Story



“Catch the Holiday Spirit, Not the Flu” was the theme for a community flu shot clinic held at Rheault Farm in south Fargo. This clinic, held at the end of November,

stressed the importance of getting an annual flu shot. A total of 1,000 doses of vaccination were on hand at the beginning of the clinic. 453 people received vaccinations.

2006 Statistics

Public Health Nursing

Adult home nursing visits	5,538
Home health aide visits	3,252
Homemaker visits	1,263
Students receiving health education from a school nurse	61,776
One-on-one direct school nurse visits	91,163
Nurse-Family Partnership program visits	1,676
Nurse-Family Partnership program graduates	29
Maternal Child Health home visits	927
RN visits Tuberculosis control	566
Correctional Health nurse visits	41,551
Immunizations given	7,648

Health Protection and Promotion

Women's Way enrolled clients	574
Clinic patients	4,408
Health Tracks clients	801
Enrolled tobacco cessation programs	631
Alcohol server training presentations	60
Trained alcohol servers	2,177
Victim impact panels	11
Victim impact panel participants	827
Automated External Defibrillators (AED)	48
Lives saved	2

WIC

Women, infants, and children participating per month	2,250
WIC food dollars spent per month in Cass County	\$100,000

Environmental Health

Environmental inspections	2,683
Environmental consultations	3,210
Food service and bar inspections	1,447
Swimming pool water samples collected	2,440
Drinking water samples collected	1,184
Complaints investigated	575
Birds tested for West Nile virus	13

Emergency Preparedness

Public Health medical volunteers	63
Public Health non-medical volunteers	125
Exercises led	2
Exercises participated in	3
NIMS trained staff	114

Success Story

“This month, my grandson reaches the milestone of 5 years. Thanks for all the help you have given me over the 4 ½ years he was on WIC. You were always friendly and genuinely caring. We have come a long way; I will be getting two degrees next year and our economic status will improve. Take care and thanks again.”



≈ By a grandmother who has custody of her grandson

2006 Budget Overview

Revenue

City of Fargo	\$2,234,384
Grants	1,216,940
Cass County	756,640
Self-pay	533,668
Environmental	364,241
State Grants	350,934
Local	395,846
Medicaid	288,118
Miscellaneous	271,741
State Aid	131,756
TOTAL	\$6,544,268

Expenses

Salary/benefits	\$5,202,187
Contract services	438,804
Operating expenses	903,297
TOTAL	\$6,544,268

Board of Health Members

Timothy J. Mahoney, M.D., Fargo City Commissioner

Diane Moderow, Rural Representative

Richard A. Rohla, M.D.

Paul Tronsgard, D.D.S

Brenda Warren, West Fargo City Commissioner

Vernon Bennett, Cass County Commissioner

Laura Carley, Fargo School Board

Michelle M. Donarski, J.D., business representative

Kathryn Leclerc, community representative

The mission of Fargo Cass Public Health is to assure a healthy community for all people through ongoing assessment, education, advocacy, intervention, prevention, and collaboration.



Public Health
Prevent. Promote. Protect.
Fargo Cass Public Health

Contact Us

Fargo Cass Public Health

401 3rd Avenue North

Fargo, ND 58102

(701) 241-1360

health@cityoffargo.com

www.cityoffargo.com/health

